National Strategy for the Prevention of Teen Pregnancy

An inter-institutional policy in Mexico
In accordance with the General Population Law and the General Health Law, the National Population Council has as its mission demographic planning for the country and the population policy, with special emphasis on family planning and population education.
Pregnancy in Adolescence

- Adolescent pregnancy is a multifactorial challenge for men and women

- It results in a life course in which young people have greater difficulties in reaching their full potential
Adolescent Fertility Rate, 2015-2020

In 2012, Mexico had a teen fertility rate of 77 births per 1,000 adolescent women.

Adolescent Fertility Rate

- More than 100
- Between 60 and less than 100
- Between 30 and less than 60
- Less than 30
- No information

World 43.9
Africa 92.2
Asia 27.6
Europe 13.2
North America 18.0
Latin America and the Caribbean 61.3

According to estimates by CONAPO
Today we are 124 million, 737 thousand 789 Mexicans

Of the total population, 22.2 million are adolescents between 10 and 19 years old

In the group of 10 to 14 years, the fertility rate for 2015 was 2.08, and for the group of 15 to 19 years it was 74.4 per thousand adolescent women

In 2015, the entities with the lowest fertility rates among girls and adolescents between 10 and 14 years of age were Tlaxcala (1.3), Jalisco (1.4) and Mexico City (1.4), and the three with the highest fertility rates were Guerrero (3.5), Chiapas (3.3) and Coahuila (3.1)

In the same year, the entities with the lowest fertility rates among adolescents between 15 and 19 years were Mexico City (49.6), Queretaro (64.7) and the State of the Mexico (66.0), and the three with the highest fertility rates were Coahuila (100.3) Chiapas (91.6) and Nayarit (87.8)
Year 2030:
Reduce by 50% the specific fertility rate of adolescents
Eradicate pregnancy in girls between 10 and 14 years of age

Inclusive, comprehensive and flexible education

Prevention and care of sexual violence against children and adolescents

Comprehensive education in progressive and inclusive sexuality

Age-appropriate work opportunities and skills-based

Enabling environment

Health services friendly, decisive, inclusive and versatile

Cross-curricular
Gender perspective with co-responsibility between women and men

Intercultural
Interinstitutional Coordination
Communication and Education Strategies

We visited 20 states, bringing cultural and recreational activities, extreme sports and information to strengthen the life plan.

The three levels of government, State Councils of Population, international organizations, private initiatives, academics and outstanding participation of civil-society organizations.

*For its Spanish acronym
Online Training

http://familiasyssexualidades.Inmujeres.gob.mx

http://clima.inspvirtual.mx/sitio/pag_0.php?x=13

www.comolehago.org
Health in Your School

- Prevent diseases
- Encourage health self-care
- Promote healthy lifestyles

- Training/awareness workshops aimed at students and teachers and information/awareness activities aimed at parents
- Promotion of the actions and health services offered by the Friendly Services

= Prevention of pregnancy in adolescents
Challenges Surrounding Teen Pregnancy

- Improve the environment in which children are born: Favor the development of early childhood education, optimize working conditions and formulate social protection policies aimed at the entire population.

- Structural transformations: To ensure women's income and permanence in social and economic development, enabling the exercise of their sexual and reproductive rights to be carried out in a free and autonomous manner and resulting in conditions of greater equity and equality for women.
Ensure a strong public sector that is committed, capable and endowed with sufficient financing to meet needs in this area

Continue inter-institutional coordination at the federal and state levels

Continue adding efforts in the execution of programs, strategies and alliances with civil-society organizations

Provide specialized information sources for adolescents and in particular for girls between 10 and 14 years old
Communication campaign:
Prevention of unplanned pregnancy in adolescence, sexually transmitted infections and reporting child sexual abuse
Patricia Chemor Ruiz
General Secretary of the National Population Council

www.gob.mx/conapo