

National Strategy for the Prevention of Teen Pregnancy

An inter-institutional policy in Mexico

National Population Council

In accordance with the General Population Law and the General Health Law, the National Population Council has as its mission demographic planning for the country and the population policy, with special emphasis on family planning and population education



Pregnancy in Adolescence



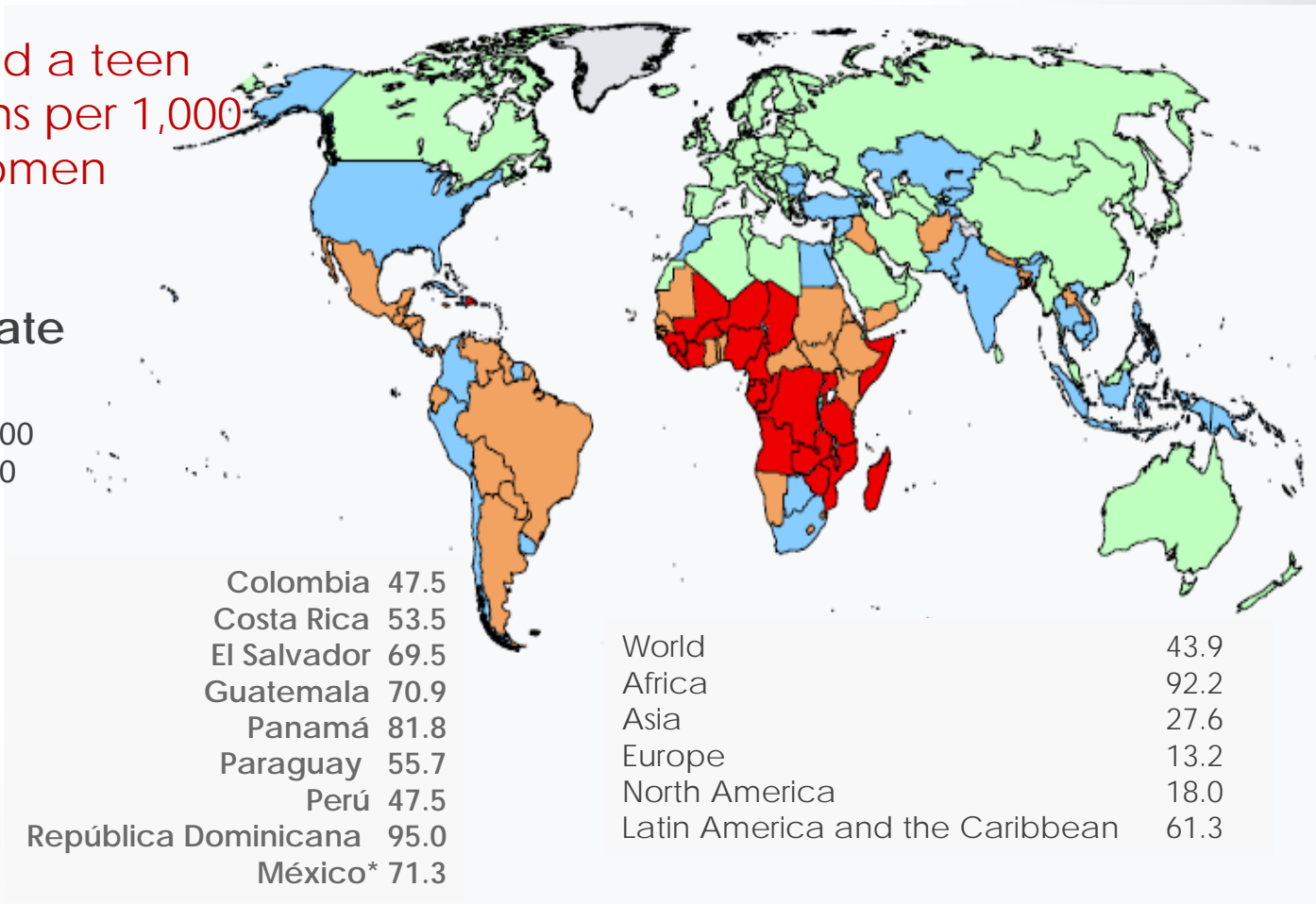
- Adolescent pregnancy is a multifactorial challenge for men and women
- It results in a life course in which young people have greater difficulties in reaching their full potential

Adolescent Fertility Rate, 2015-2020

In 2012, Mexico had a teen fertility rate of 77 births per 1,000 adolescent women

Adolescent Fertility Rate

- More than 100
- Between 60 and less than 100
- Between 30 and less than 60
- Less than 30
- No information

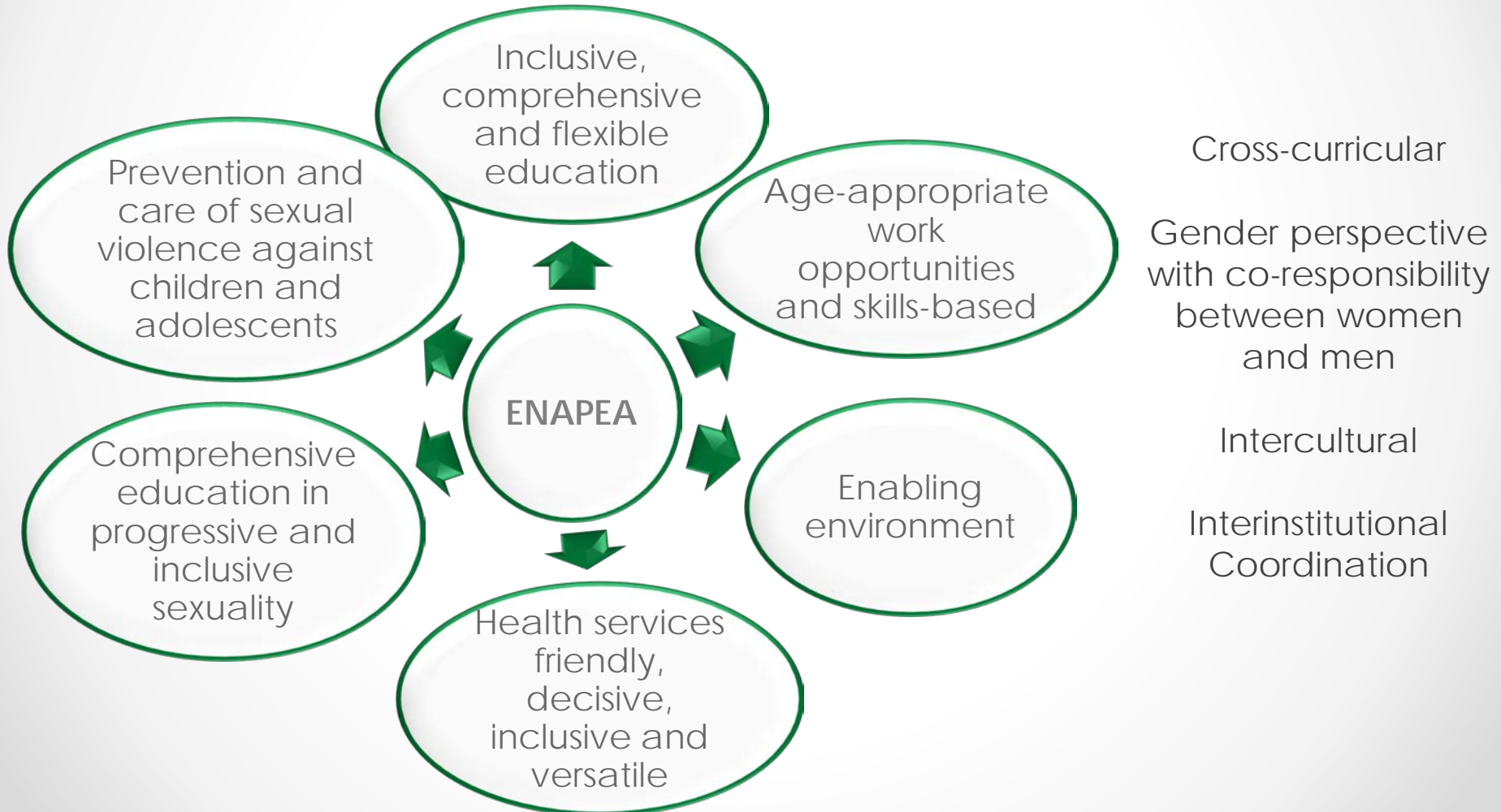


National Scenario

- Today we are 124 million, 737 thousand 789 Mexicans
- Of the total population, 22.2 million are adolescents between 10 and 19 years old
- In the group of 10 to 14 years, the fertility rate for 2015 was 2.08, and for the group of 15 to 19 years it was 74.4 per thousand adolescent women
- In 2015, the entities with the lowest fertility rates among girls and adolescents between 10 and 14 years of age were Tlaxcala (1.3), Jalisco (1.4) and Mexico City (1.4), and the three with the highest fertility rates were Guerrero (3.5), Chiapas (3.3) and Coahuila (3.1)
- In the same year, the entities with the lowest fertility rates among adolescents between 15 and 19 years were Mexico City (49.6), Queretaro (64.7) and the State of the Mexico (66.0), and the three with the highest fertility rates were Coahuila (100.3) Chiapas (91.6) and Nayarit (87.8)

Year 2030:

Reduce by 50% the specific fertility rate of adolescents
Eradicate pregnancy in girls between 10 and 14 years of age




Communication and Education Strategies

**EL ABUSO
SEXUAL INFANTIL
DEBE ACABAR
NO TE CALLES**



We visited 20 states, bringing cultural and recreational activities, extreme sports and information to strengthen the life plan

The three levels of government, State Councils of Population, international organizations, private initiatives, academics and outstanding participation of civil-society organizations



GUIDARTE ES MÁS FÁCIL.

Online Training



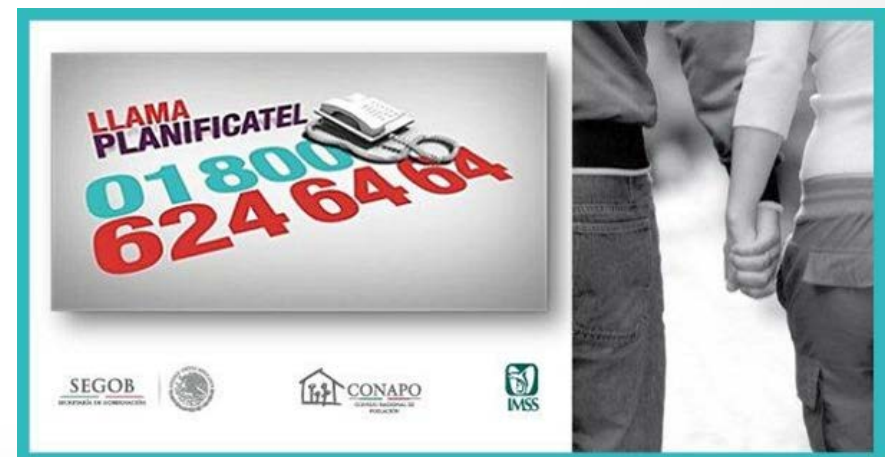
<http://familiasysexualidades.Inmujeres.gob.mx>



http://clima.inspvirtual.mx/sitio/pag_0.php?x=13



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Prevent diseases

Encourage health
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Promote healthy
lifestyles

Training/awareness
workshops aimed at
students and teachers
and information/
awareness activities
aimed at parents



Promotion of
the actions and
health services
offered by the
Friendly
Services



Prevention of
pregnancy in
adolescents

Challenges Surrounding Teen Pregnancy

- Improve the environment in which children are born: Favor the development of early childhood education, optimize working conditions and formulate social protection policies aimed at the entire population
- Structural transformations: To ensure women's income and permanence in social and economic development, enabling the exercise of their sexual and reproductive rights to be carried out in a free and autonomous manner and resulting in conditions of greater equity and equality for women

- Ensure a strong public sector that is committed, capable and endowed with sufficient financing to meet needs in this area
- Continue inter-institutional coordination at the federal and state levels
- Continue adding efforts in the execution of programs, strategies and alliances with civil-society organizations
- Provide specialized information sources for adolescents and in particular for girls between 10 and 14 years old

Communication campaign:
Prevention of unplanned pregnancy in
adolescence, sexually transmitted infections
and reporting child sexual abuse

Patricia Chemor Ruiz

General Secretary of the National Population Council

www.gob.mx/conapo

<https://www.gob.mx/conapo/articulos/estrategia-nacional-para-la-prevencion-del-embarazo-en-adolescentes-enapea?idiom=po>

